

Ranch Roasted Carrots - CACFP



General Information

Recipe #	Category	Source
1840039	Vegetables 	Local

Ingredients

Name	Quantity	+ Quantity 2
Carrots, baby, raw	14 ½ oz.	
Vegetable oil, palm kernel	1 ½ tsp.	
Seasoning Mix, Ranch, Dry, Packet, 18/3.2oz, 3.6#, Hidden Valley, 21004	2 ¾ tsp.	
	dry	

Preparation Instructions

HACCP Process: #2 - Same Day Service

1. In a large bowl, combine carrots and ranch powder, toss until fully incorporated.
2. Roast in a 375° F oven for 25-30 minutes or until tender. Serve immediately.

Separate raw animal foods, such as eggs, fish, meat, and poultry, from ready-to-eat foods, such as lettuce, cut melons, and lunch meats during receiving, storage, and preparation.

Food prep areas, equipment, and utensils, to be used in recipe will be washed and sanitized prior to beginning the preparation and cooking.

Assemble all ingredients, utensils, etc. to be used in recipe within easy reach of prep area so that food safety can be managed more effectively as well as better control of contamination and cross contamination.

Remove products from storage using oldest pack date first. If frozen, keep product in original packaging and place in a pan(s). Place in cooler following proper HACCP storage guidelines to prevent cross-contamination.

CCP: Take and record on a temperature log all beginning temperatures of refrigerated foods before beginning the recipe.

Wash hands thoroughly before handling food, after handling contaminated food or objects, and before switching to another step where there is an opportunity for contamination. This applies as well to before and after glove use. Use clean pair of gloves when handling raw product. Replace gloves after handling any other object.

If a recipe contains a combination of meat products, cook the product to the highest required temperature.

CCP: Heat to 165° F or higher for at least 15 seconds.

Remove product from oven. Caution! Finished product is hot. Use oven mitts when handling product to avoid injury.



Ranch Roasted Broccoli - CACFP

Serving Size	Yield
0.5 Cup	6.00

Nutrition Facts

Serving Size 0.5 Cup (70 gm)		
Amount Per Serving		
Calories		33.192
% Daily Value*		
Total Fat	1.176 gm	1.81%
Saturated Fat	0.902 gm	4.512%
Trans Fat	0.000* gm	
Cholesterol	0.000 mg	
Sodium	305.070 mg	12.711%
Total Carbohydrate	5.606 gm	1.869%
Dietary Fiber	1.973 gm	7.893%
Total Sugars	3.239 gm	
Includes 0.000 gm of Added Sugars		
Protein	0.435 gm	0.871%
Vitamin A	469.468* mcg RAE	52.163%
Vitamin C	1.769 mg	2.948%
Vitamin D	0.000* mcg	
Calcium	23.572 mg	2.357%
Iron	0.606 mg	3.364%
Potassium	164.852 mg	3.507%

CCP: Place product in warming cabinet until served. Ensure that hot food is held at a temperature above 140° F.

CORRECTIVE ACTION HOT FOOD: All cooked food items being held for service that drop below 140 degrees must be removed from service until such time as they are reheated to 165 degrees. Any food not eaten after reheating must be discarded.

CCP: Maximum holding time is two (2) hours. Discard product after maximum holding time is reached. Do not reheat product.

CCP: Cool to 70 °F within 2 hours and to 40 °F or lower within an additional 4 hours.

CCP: Record time and internal temperature of completed recipe on daily log.

Dates

Last Updated	Created
03-03-2026	07-18-2025

Saturated Fat % of Calories24.468 %

Added Sugar % of Calories0.000 %

* Indicates missing Nutrient Information.
^ Indicates user added nutrient.

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to the daily diet. 2,000 calories a day is used for general nutrition advice.

Meal Components

Component	Measurement
Red/Orange	0.5 cups

Added Sugar Limitations ⓘ

Not applicable.

Vendors

Hidden Valley Kitchens 🇺🇸

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