

Mongolian Chicken - NSLP

General Information

Recipe #	Category	Source
2013932	Lunch Entree 	Local

Ingredients

Name	Quantity	Quantity + 2
Sauce, hoisin, ready-to-serve	1 c.	
Sambal Oelek	¼ c.	
Catsup, low sodium	1 pt.	
Vinegar, Rice, 4/1 gal, 33.68#, Kikkoman, 02020	1 c.	
Oil, sesame, salad or cooking	2 ½ tsp.	
Vegetable oil, palm kernel	2 tbsp.	
Onions, raw	1 pt., ½ c. chopped	
Garlic, raw	¼ c.	
Ginger root, raw	3 tbsp.	
Spices, pepper, black	1 tsp. ground	
Chicken Diced, 1/2", White Meat, Low Sodium, 2M, 59/2.7oz, 10#, Tyson, 10241600928	8 lbs., 8 oz.	
Peppers, sweet, green, raw	2 lbs., 10 oz.	
Cabbage, raw	2 lbs.	

Preparation Instructions

HACCP Process: #2 - Same Day Service

1. In a large bowl or container mix together hoisin, chili sauce, catsup, vinegar, and sesame oil. Set aside.
2. In a large braising pan on medium heat, add oil. Saute onions, garlic, and ginger for 45 seconds or until slightly brown. Add black pepper.
3. Add chicken and continue to cook for 5 minutes.
4. Add peppers and cabbage and continue to cook for 3 minutes.
5. Add sauce and heat until the internal temperature reaches 165 degrees F. Hold hot for service.

Separate raw animal foods, such as eggs, fish, meat, and poultry, from ready-to-eat foods, such as lettuce, cut melons, and lunch meats during receiving, storage, and preparation.

Food prep areas, equipment, and utensils, to be used in recipe will be washed and sanitized prior to beginning the preparation and cooking.

Assemble all ingredients, utensils, etc. to be used in recipe within easy reach of prep area so that food safety can be managed more effectively as well as better control of contamination and cross contamination.

Remove products from storage using oldest pack date first. If frozen, keep product in original packaging and place in a pan(s). Place in cooler following proper HACCP storage guidelines to prevent cross-contamination.

CCP: Take and record on a temperature log all beginning temperatures of refrigerated foods before beginning the recipe.



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Serving Size	Yield
2/3 Cup	50.00

Nutrition Facts

Serving Size 2/3 Cup (151 gm)		
Amount Per Serving		
Calories		154.267
		% Daily Value*
Total Fat	4.701* gm	7.233%
Saturated Fat	1.449* gm	7.247%
Trans Fat	0.000* gm	
Cholesterol	46.053* mg	15.351%
Sodium	195.453 mg	8.144%
Total Carbohydrate	9.503* gm	3.168%
Dietary Fiber	1.204* gm	4.814%
Total Sugars	5.339* gm	
Includes 0.000 * gm of Added Sugars		
Protein	18.305 gm	36.609%
Vitamin A	8.035* mcg RAE	0.893%
Vitamin C	27.075* mg	45.126%
Vitamin D	0.000* mcg	
Calcium	25.440* mg	2.544%
Iron	1.209* mg	6.717%
Potassium	566.593 mg	12.055%
Saturated Fat % of Calories		8.456 %
Added Sugar % of Calories		0.000 %
* Indicates missing Nutrient Information.		
^ Indicates user added nutrient.		

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to the daily diet. 2,000 calories a day is used for general nutrition advice.

Meal Components

Component	Measurement
Meat/Meat Alternates	2 oz

Wash hands thoroughly before handling food, after handling contaminated food or objects, and before switching to another step where there is an opportunity for contamination. This applies as well to before and after glove use. Use clean pair of gloves when handling raw product. Replace gloves after handling any other object.

If a recipe contains a combination of meat products, cook the product to the highest required temperature.

CCP: Heat to 165° F or higher for at least 15 seconds.

Remove product from oven. Caution! Finished product is hot. Use oven mitts when handling product to avoid injury.

CCP: Place product in warming cabinet until served. Ensure that hot food is held at a temperature above 140° F.

CORRECTIVE ACTION HOT FOOD: All cooked food items being held for service that drop below 140 degrees must be removed from service until such time as they are reheated to 165 degrees. Any food not eaten after reheating must be discarded.

CCP: Maximum holding time is two (2) hours. Discard product after maximum holding time is reached. Do not reheat product.

CCP: Cool to 70 °F within 2 hours and to 40 °F or lower within an additional 4 hours.

CCP: Record time and internal temperature of completed recipe on daily log.

Dates

Last Updated
11-04-2025

Created
11-04-2025

Other Vegetables 0.25 cups

Added Sugar Limitations ⓘ

Not applicable.

Vendors

Kikkoman 🇺🇸

Tyson Foods, Inc. 🇺🇸

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