

# Italian Sandwich - NSLP

## General Information

Recipe #	Category	Source
2012240	Lunch Entree 	Local

## Ingredients

Name	Quantity	+Quantity 2
Hoagie Roll, Whole Grain, Low Sodium, Sliced, 5.5"	50 Hoagie Roll	
Cheese, mozzarella, nonfat	1 lbs., 9 oz.	
Turkey Ham, Deli, Smoked, 40#, USDA, 100126	2 lbs., 10 oz.	
Ham, 97% Fat Free, Cooked, Whole, 4/10#, USDA, 100184	2 lbs., 10 oz.	

## Preparation Instructions

HACCP Process: #1 - No Cook

1. Lay out hoagie buns or bread open faced on a baking tray.
2. Put 1/8 cup of cheese (1/2 oz), 4 slices of turkey, and 4 slices of ham on each hoagie piece of bread.
3. Place in a 350 degree F oven for 7 minutes to heat and melt cheese. Hold hot for service.  
Serve 1 sandwich per student.

Food prep areas, equipment, and utensils, to be used in recipe will be washed and sanitized prior to beginning the preparation and cooking.

Assemble all ingredients, utensils, etc. to be used in recipe within easy reach of prep area so that food safety can be managed more effectively as well as better control of contamination and cross contamination.

Remove product from refrigerator using oldest pack date first.

CCP: Wash hands thoroughly before handling food, after handling contaminated food or objects, and before switching to another step where there is an opportunity for contamination. This applies as well to before and after glove use. Use clean pair of gloves when handling raw product. Replace gloves after handling any other object.

CCP: Ensure cold food is held at a temperature below 41° F.

CORRECTIVE ACTION COLD FOOD: Any food item being served cold must be maintained at or below 41 degrees. In the event the temperature of the cold item rises above 41 degrees it must be returned to a refrigerated or frozen atmosphere and temperature reduced to 41 degrees or below.

CCP: Record time and internal temperature of completed recipe on daily log.

## Dates

Last Updated	Created
10-31-2025	10-31-2025



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Serving Size	Yield
1 Sandwich	50.00

## Nutrition Facts

### Serving Size 1 Sandwich (118 gm)

Amount Per Serving		
Calories		216.500
		% Daily Value*
<b>Total Fat</b>	4.408 gm	6.781%
Saturated Fat	1.204 gm	6.018%
Trans Fat	0.000* gm	
<b>Cholesterol</b>	29.889 mg	9.963%
<b>Sodium</b>	508.561 mg	21.19%
<b>Total Carbohydrate</b>	30.886 gm	10.295%
Dietary Fiber	2.250 gm	9.001%
<b>Total Sugars</b>	1.896 gm	
Includes 1.026 * gm of Added Sugars		
<b>Protein</b>	16.541 gm	33.082%
Vitamin A	18.002* mcg RAE	2%
Vitamin C	0.000* mg	
Vitamin D	0.000* mcg	
Calcium	162.439* mg	16.244%
Iron	1.608* mg	8.932%
Potassium	99.955* mg	2.127%
Saturated Fat % of Calories		5.003 %
Added Sugar % of Calories		1.896 %

\* Indicates missing Nutrient Information.

^ Indicates user added nutrient.

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to the daily diet. 2,000 calories a day is used for general nutrition advice.

## Meal Components

Component	Measurement
Meat/Meat Alternates	1.5 oz

Grains

2 oz

### Added Sugar Limitations

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Not applicable.

### Vendors

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USDA Foods in Schools 

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