

Chicken Caesar Wrap - NSLP

General Information

Recipe #	Category	Source
1990408	Lunch Entree 	Local

Ingredients

Name	Quantity	Quantity + 2
Chicken Diced, 1/2", White Meat, Low Sodium, 2M, 59/2.7oz, 10#, Tyson, 10241600928	12 lbs., 12 oz.	
Spices, Italian Seasoning, 28oz, 1.75#, Monarch 207250	¾ c.	
Cheese, mozzarella, nonfat	1 lbs., 8 oz.	
Parmesan cheese topping, fat free	1 lbs., 8 oz.	
Salad dressing, caesar, fat-free	2 qt. (1 NLEA serving)	
Tortilla, Whole Wheat, 9", 12/12ct, 17.7#, 2WG, Catallia, 40029	100 tortilla	
Lettuce, cos or romaine, raw	8 lbs.	
Tomatoes, red, ripe, raw, year round average	6 lbs., 8 oz.	

Preparation Instructions

HACCP Process: #2 - Same Day Service

1. Thaw chicken. Sprinkle evenly with seasoning mixture.
2. Toss the lettuce with dressing, cheeses, chicken, and tomatoes.
3. Assemble wrap: Place 3.5 oz of lettuce mixture and 2 oz of chicken on each tortilla.

One or Two Days Before Service:

Remove frozen product from freezer using oldest pack date first. Keep product in original packaging and place in a pan(s). Place in cooler following proper HACCP storage guidelines to prevent cross-contamination. Cover, label, and date all products. Allow to thaw under refrigeration for 24 hours.

CCP: Thaw frozen TCS foods in a refrigerator that is 41°F or colder.

CCP: Follow HACCP cooler storage order guidelines to prevent cross-contamination.

Day of Service:

Food prep areas, Equipment, and utensils, to be used in recipe will be washed and sanitized prior to beginning the preparation and cooking.

Assemble all ingredients, utensils, etc. to be used in recipe within easy reach of prep area so that food safety can be managed more effectively as well as better control of contamination and cross contamination.

CCP: Wash hands thoroughly before handling food, after handling contaminated food or objects, and before switching to another step where there is an opportunity for contamination. This applies as well to before and after glove use. Use clean pair of gloves when handling raw product. Replace gloves after handling any other object.

Do not refreeze product.

Dates



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Serving Size	Yield
1 Each	100.00

Nutrition Facts

Serving Size 1 Each (215 gm)

Amount Per Serving		
Calories		297.368
		% Daily Value*
Total Fat	6.812 gm	10.48%
Saturated Fat	2.443 gm	12.217%
Trans Fat	0.000* gm	
Cholesterol	37.227 mg	12.409%
Sodium	707.615 mg	29.484%
Total Carbohydrate	35.676 gm	11.892%
Dietary Fiber	4.282 gm	17.127%
Total Sugars	4.329 gm	
Includes 0.000 * gm of Added Sugars		
Protein	22.985 gm	45.971%
Vitamin A	182.176* mcg RAE	20.242%
Vitamin C	5.512* mg	9.187%
Vitamin D	0.000 mcg	
Calcium	165.805 mg	16.581%
Iron	2.544 mg	14.136%
Potassium	737.460 mg	15.691%
Saturated Fat % of Calories		7.395 %
Added Sugar % of Calories		0.000 %

* Indicates missing Nutrient Information.
^ Indicates user added nutrient.

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to the daily diet. 2,000 calories a day is used for general nutrition advice.

Meal Components

Component	Measurement
Meat/Meat Alternates	2 oz

Last Updated
12-15-2025

Created
10-08-2025

Grains	2.25 oz
Dark Green	0.25 cups
Red/Orange	0.25 cups

Added Sugar Limitations ⓘ

Not applicable.

Vendors

Catallia Premium Tortillas 🏪

Tyson Foods, Inc. 🏪

US Foods 🏪

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