

Parmesan Chicken Sandwich - NSLP

General Information

Recipe #	Category	Source
2031589	Lunch Entree	Local

Ingredients

Name	Quantity	Quantity + 2
Vegetable oil, palm kernel	1/4 c.	
Onions, raw	1 qt. chopped	
Garlic, raw	1/2 c.	
Furmanos; 1/15OZ Tomato Sauce - Low Sodium	14 lbs., 4 oz.	
Redpack Tomato Paste, 111oz Can - CS of 6	1 lbs., 8 oz.	
Spices, pepper, black	1 tbsp., 1 tsp. ground	
Salt, table	1 tbsp., 1 tsp.	
Spices, oregano, dried	1/2 c. leaves	
Spices, thyme, dried	1/4 c. leaves	
Spices, basil, dried	1/4 c. leaves	
Sugars, granulated	2 tsp.	
Chicken patty, frozen, cooked	100 patty	
Parmesan cheese topping, fat free	1 qt.	
Cheese, mozzarella, nonfat	1 gal., 2 qt. shredded	
Bun, Hamburger, White Wheat, 4in, 60/2oz, 7.5#, 2WG, Alpha Baking, 51535	100 bun	



Parmesan Chicken Sandwich - NSLP

Serving Size	Yield
1 Sandwich	100.00

Nutrition Facts

Serving Size 1 Sandwich (227 gm)

Amount Per Serving	
Calories	401.380
% Daily Value*	
Total Fat 14.571 gm	22.418%
Saturated Fat 2.773 gm	13.864%
Trans Fat 0.000* gm	
Cholesterol 31.322 mg	10.441%
Sodium 959.205 mg	39.967%
Total Carbohydrate 45.635 gm	15.212%
Dietary Fiber 3.704 gm	14.814%
Total Sugars 8.234 gm	
Includes 3.084 * gm of Added Sugars	
Protein 25.815 gm	51.629%
Vitamin A 36.210* mcg RAE	4.023%
Vitamin C 4.566* mg	7.609%
Vitamin D 0.180* mcg	0.9%
Calcium 356.531 mg	35.653%
Iron 3.170 mg	17.61%
Potassium 373.727 mg	7.952%
Saturated Fat % of Calories	6.217%
Added Sugar % of Calories	3.073%

* Indicates missing Nutrient Information.

^ Indicates user added nutrient.

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to the daily diet. 2,000 calories a day is used for general nutrition advice.

Meal Components

Component	Measurement
Meat/Meat Alternates	2 oz

Preparation Instructions

HACCP Process: #2 - Same Day Service

1. Mince onions and garlic. In a large saucepan on medium heat add oil and cook onions and garlic until onions start to turn translucent, about 1 minute.
2. Add tomato products, herbs, salt, pepper, and sugar and simmer for 25 minutes. Adjust taste with more herbs if needed.
3. Place chicken breast on a sheet pan or 18x13 inch pan lined with parchment paper and bake in a 350 degree F oven for 15 minutes or until the internal temperature reaches 165 degrees F.
4. Remove from oven and sprinkle with parmesan and mozzarella cheese. Place in a warmer to melt cheese or melt in the oven for about 3 minutes (chicken should not be in the warmer for more than 20 minutes before serving).
5. Place marinara in a hotel pan, 12x20 inch pan, or soup pot to hold hot for service. To serve place chicken breast and 2 oz of marinara sauce on each bun.

Separate raw animal foods, such as eggs, fish, meat, and poultry, from ready-to-eat foods, such as lettuce, cut melons, and lunch meats during receiving, storage, and preparation.

Food prep areas, equipment, and utensils, to be used in recipe will be washed and sanitized prior to beginning the preparation and cooking.

Assemble all ingredients, utensils, etc. to be used in recipe within easy reach of prep area so that food safety can be managed more effectively as well as better control of contamination and cross contamination.

Remove products from storage using oldest pack date first. If frozen, keep product in original packaging and place in a pan(s). Place in cooler following proper HACCP storage guidelines to prevent cross-contamination.

CCP: Take and record on a temperature log all beginning temperatures of refrigerated foods before beginning the recipe.

Wash hands thoroughly before handling food, after handling contaminated food or objects, and before switching to another step where there is an opportunity for contamination. This applies as well to before and after glove use. Use clean pair of gloves when handling raw product. Replace gloves after handling any other object.

If a recipe contains a combination of meat products, cook the product to the highest required temperature.

CCP: Heat to 165° F or higher for at least 15 seconds.

Remove product from oven. Caution! Finished product is hot. Use oven mitts when handling product to avoid injury.

CCP: Place product in warming cabinet until served. Ensure that hot food is held at a temperature above 140° F.

CORRECTIVE ACTION HOT FOOD: All cooked food items being held for service that drop below 140 degrees must be removed from service until such time as they are reheated to 165 degrees. Any food not eaten after reheating must be discarded.

CCP: Maximum holding time is two (2) hours. Discard product after maximum holding time is reached. Do not reheat product.

CCP: Cool to 70 °F within 2 hours and to 40 °F or lower within an additional 4 hours.

CCP: Record time and internal temperature of completed recipe on daily log.

Dates

Last Updated

12-10-2025

Created

12-10-2025

Grains	2 oz
Red/Orange	0.5 cups

Added Sugar Limitations

Not applicable.

Vendors

Alpha Baking Co. 

[Edit Recipe](#)