

# Honey-Almond Granola Bars - CACFP

## General Information

Recipe #	Category	Source
2032434	Breakfast Entree 	Local

## Ingredients

Name	Quantity	Quantity + 2
Margarine-like, margarine-butter blend, soybean oil and butter	½ c., ¾ tsp.	
Sugars, brown	1 c. unpacked	
Egg, whole, raw, fresh	2 large	
Vanilla extract	1 tsp.	
Wheat flour, whole-grain, soft wheat	5 ½ oz.	
Leavening agents, baking powder, low-sodium	½ tsp.	
Leavening agents, baking soda	½ tsp.	
Salt, table	½ tsp.	
Spices, cinnamon, ground	½ tsp.	
 Granola - CACFP	1 pt., 1 c.	
Quaker Old Fashioned Oats 42 Oz	1 lbs., 1 ½ oz.	
Cereals ready-to-eat, wheat germ, toasted, plain	½ c., 2 tbsp., ½ tsp.	
Sugars, brown	2 tbsp., 2 ½ tsp. unpacked	
Honey	¼ c., 1 tbsp., ¾ tsp.	
Spices, cinnamon, ground	½ tsp.	
Vegetable oil, palm kernel	¼ c., 1 tbsp., ¾ tsp.	
Salt, table	½ tsp.	
Vanilla extract	½ tsp.	
Nuts, coconut meat, dried (desiccated), toasted	1 ½ oz.	
Dried Cranberries	2 oz.	



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Serving Size	Yield
1 Each	25.00

## Nutrition Facts

### Serving Size 1 Each (56 gm)

Amount Per Serving	% Daily Value*
Calories 225.158	
Total Fat 9.511 gm	14.632%
Saturated Fat 4.049 gm	20.243%
Trans Fat 0.687* gm	
Cholesterol 15.430 mg	5.143%
Sodium 158.063 mg	6.586%
Total Carbohydrate 32.269 gm	10.756%
Dietary Fiber 3.407* gm	13.627%
Total Sugars 12.501* gm	

Includes 11.611\* gm of Added Sugars

Protein 4.511 gm	9.022%
Vitamin A 44.089* mcg RAE	4.899%
Vitamin C 0.226* mg	0.377%
Vitamin D 0.080 mcg	0.4%
Calcium 27.883 mg	2.788%
Iron 1.438 mg	7.988%
Potassium 164.103 mg	3.492%

Saturated Fat % of Calories	16.183%
Added Sugar % of Calories	20.627%

\* Indicates missing Nutrient Information.

^ Indicates user added nutrient.

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to the daily diet. 2,000 calories a day is used for general nutrition advice.

## Meal Components

Component	Measurement
Grains	0.5 oz

Separate raw animal foods, such as eggs, fish, meat, and poultry, from ready-to-eat foods, such as lettuce, cut melons, and lunch meats during receiving, storage, and preparation.

Food prep areas, equipment, and utensils, to be used in recipe will be washed and sanitized prior to beginning the preparation and cooking.

Assemble all ingredients, utensils, etc. to be used in recipe within easy reach of prep area so that food safety can be managed more effectively as well as better control of contamination and cross contamination.

Remove products from storage using oldest pack date first. If frozen, keep product in original packaging and place in a pan(s). Place in cooler following proper HACCP storage guidelines to prevent cross-contamination.

CCP: Take and record on a temperature log all beginning temperatures of refrigerated foods before beginning the recipe.

Wash hands thoroughly before handling food, after handling contaminated food or objects, and before switching to another step where there is an opportunity for contamination. This applies as well to before and after glove use. Use clean pair of gloves when handling raw product. Replace gloves after handling any other object.

If a recipe contains a combination of meat products, cook the product to the highest required temperature.

CCP: Heat to 165° F or higher for at least 15 seconds.

Remove product from oven. Caution! Finished product is hot. Use oven mitts when handling product to avoid injury.

CCP: Place product in warming cabinet until served. Ensure that hot food is held at a temperature above 140° F.

**CORRECTIVE ACTION HOT FOOD:** All cooked food items being held for service that drop below 140 degrees must be removed from service until such time as they are reheated to 165 degrees. Any food not eaten after reheating must be discarded.

CCP: Maximum holding time is two (2) hours. Discard product after maximum holding time is reached. Do not reheat product.

CCP: Cool to 70 °F within 2 hours and to 40 °F or lower within an additional 4 hours.

CCP: Record time and internal temperature of completed recipe on daily log.

## Dates

Last Updated	Created
12-11-2025	12-11-2025

## Added Sugar Limitations

✓ Meets Added Sugar Guidelines for Breakfast Cereal.

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