


Chicken Pad Thai - NSLP

General Information

| Recipe # | Category | Source |
|----------|--|--------|
| 1993881 | Lunch Entree  | Local |

Ingredients

| Name | Quantity | Quantity + 2 |
|---|---------------------------|--------------------|
| Pasta, whole grain, 51% whole wheat, remaining enriched semolina, dry (Includes foods for USDA's Food Distribution Program) | 3 gal., 3 qt. | spaghetti |
| Vegetable oil, palm kernel | 1 pt. | |
| Oil, sesame, salad or cooking | ½ c. | |
| Garlic, raw | ¾ c. | |
| Ginger root, raw | ¾ c. | |
| Cabbage, raw | 2 qt. shredded | |
| Carrots, raw | 1 qt. grated | |
| Peppers, sweet, green, raw | 1 qt. chopped | |
| Onions, raw | 1 qt. chopped | |
| Chicken Diced, 1/2", White Meat, Low Sodium, 2M, 59/2.7oz, 10#, Tyson, 10241600928 | 17 lbs. | |
| Spices, pepper, black | 1 tsp. ground | |
|  Asian Sauce - CACFP | 3 lbs., 12 oz. | |
| Vegetable oil, palm kernel | 1 tbsp. | |
| Garlic, raw | 3 tbsp. | |
| Ginger root, raw | ⅓ c., 2 tsp. | |
| Spices, pepper, red or cayenne | 2 ½ tsp. | |
| Sauce, hoisin, ready-to-serve | ¼ c., 2 ½ tsp. | |
| Soy sauce, reduced sodium, made from hydrolyzed vegetable protein | 1 qt., 1 pt. | |
| Honey | 3 tbsp. | |
| Lime juice, raw | ¾ c. | |
| Vinegar, distilled | ¾ c. | |
| Cornstarch | ¼ c., 2 ½ tsp. | |
| Beverages, water, tap, drinking | 1 ½ c., 1 tbsp., 1 ⅛ tsp. | |

Preparation Instructions

HACCP Process: #2 - Same Day Service

1. Prepare noodles according to package instructions.
2. In a large pan over medium- high heat, add oil, minced garlic, and ginger. Saute for 30 seconds. Add cabbage, carrots, peppers, and onions and saute until vegetables are slightly tender about 5 minutes.
3. When the mixture is half cooked, add noodles, chicken, black pepper, and Asian Sauce (see recipe for Asian Sauce). Stir all ingredients together until noodles are fully coated. Hold hot for service.

Food prep areas, Equipment, and utensils, to be used in recipe will be washed and sanitized prior to beginning the preparation and cooking.



Chicken Pad Thai - CACFP

| Serving Size | Yield |
|--------------|--------|
| 1 Cup | 100.00 |

Nutrition Facts

| Serving Size 1 Cup (186 gm) | | |
|-------------------------------------|-----------------|----------------|
| Amount Per Serving | | |
| Calories | | 384.304 |
| | | % Daily Value* |
| Total Fat | 10.768 gm | 16.566% |
| Saturated Fat | 4.929 gm | 24.645% |
| Trans Fat | 0.001* gm | |
| Cholesterol | 45.922* mg | 15.307% |
| Sodium | 545.819 mg | 22.742% |
| Total Carbohydrate | 46.659 gm | 15.553% |
| Dietary Fiber | 6.786 gm | 27.143% |
| Total Sugars | 3.613 gm | |
| Includes 0.522 * gm of Added Sugars | | |
| Protein | 26.207 gm | 52.414% |
| Vitamin A | 39.034* mcg RAE | 4.337% |
| Vitamin C | 8.610* mg | 14.35% |
| Vitamin D | 0.000* mcg | |
| Calcium | 33.586 mg | 3.359% |
| Iron | 2.963 mg | 16.462% |
| Potassium | 1117.932 mg | 23.786% |
| Saturated Fat % of Calories | | 11.543 % |
| Added Sugar % of Calories | | 0.543 % |

* Indicates missing Nutrient Information.
^ Indicates user added nutrient.

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to the daily diet. 2,000 calories a day is used for general nutrition advice.

Meal Components

| Component | Measurement |
|----------------------|-------------|
| Meat/Meat Alternates | 2 oz |

Assemble all ingredients, utensils, etc. to be used in recipe within easy reach of prep area so that food safety can be managed more effectively as well as better control of contamination and cross contamination.

Remove frozen product from freezer using oldest pack date first.

CCP: Take and record on a temperature log all beginning temperatures of refrigerated foods before beginning the recipe.

Wash hands thoroughly before handling food, after handling contaminated food or objects, and before switching to another step where there is an opportunity for contamination. This applies as well to before and after glove use. Use clean pair of gloves when handling raw product. Replace gloves after handling any other object.

[insert storage & handling instructions from ingredient file]. Place product in a single layer on a clean pan.

Preheat oven [insert oven type & oven temp from ingredient file].

Place in oven and bake [insert heating instructions from ingredient file].

CCP: Heat to 165° F or higher for at least 15 seconds.

Remove product from oven. Caution! Finished product is hot. Use oven mitts when handling product to avoid injury.

CCP: Place product in warming cabinet until served. Ensure that hot food is held at a temperature above 140° F.

CORRECTIVE ACTION HOT FOOD: All cooked food items being held for service that drop below 140 degrees must be removed from service until such time as they are reheated to 165 degrees. Any food not eaten after reheating must be discarded.

CCP: Maximum holding time is two (2) hours. Discard product after maximum holding time is reached. Do not reheat product.

CCP: Record time and internal temperature of completed recipe on daily log.

Grains2 oz

Added Sugar Limitations ⓘ

Not applicable.

Vendors

Tyson Foods, Inc. 🇺🇸

Dates

| Last Updated | Created |
|--------------|------------|
| 10-16-2025 | 10-16-2025 |

Edit Recipe