LIFE CYCLE OF A CHICKEN NUGGET

RECEIVING

- Keep receiving area clean
- Check for intact packaging
- Frozen foods should be frozen solid and show no sign of thawing and refreezing
- Large ice crystals or liquid on the bottom of the carton are signs of thawing
- Put cold items away immediately

PREPARING

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- Heat to 165 °F for 15 seconds
- Use clean, sanitized, and calibrated thermometer
- Insert thermometer into the thickest part of the food

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SERVING

- Use steam table for even heating
- Hold hot foods at 135 °F or above

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• Check temp hourly

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 Use clean and sanitized utensils



MANAGING LEFTOVERS

- Cool down to 70 °F within 2 hours
- Cool down to 41 °F within 6 hours
- Label and date
- Reheat to 165 degrees

Source: The Institute of Child Nutriton https://theicn.org/icn-resources-a-z/food-safety/

Frozen storage maintained at 0 °F - -10 °F
Store all food at least 6 inches off the floor

• Label all food with the name and delivery date

STORING

• Use the First In, First Out (FIFO) method

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