

# 50 FAST SCRATCH

## RECIPES FOR PROCESSED PROTEINS

### DICED CHICKEN

- HONEY SRIRACHA CHICKEN
- CHICKEN POT PIE
- CHICKEN BACON RANCH PIZZA
- BREAKFAST BURRITO
- CHICKEN AND BROCCOLI STIR FRY
- CHICKEN AND NOODLES
- CHICKEN BACON RANCH PASTA
- CHICKEN CAESAR WRAP
- CHICKEN CURRY
- CHICKEN FRIED RICE
- CHICKEN NACHO
- CHICKEN SPAGHETTI
- CHICKEN BACON RANCH QUESADILLA
- CHICKEN TIKKA
- GENERAL TSO CHICKEN
- MONGOLIAN CHICKEN
- MONTEREY CHICKEN FLAT BREAD
- PESTO CHICKEN PENNE PASTA
- SOUR CREAM CHICKEN ENCHILADAS

### SHREDDED CHICKEN

- CHICKEN AND SPINACH QUESADILLA
- CHICKEN ENCHILADA
- CHICKEN KUNG PAO
- KOREAN BBQ CHICKEN SANDWICH

### FAJITA CHICKEN

- CAJUN CHICKEN PASTA
- CHICKEN FAJITA
- CHILI VERDE TACO SALAD
- ORANGE CHICKEN

### CHICKEN NUGGETS

- SWEET AND SOUR CHICKEN
- SESAME CHICKEN
- CHICKEN BISCUITS

### CHICKEN PATTIES

- PARMESAN CHICKEN WITH SPAGHETTI
- PARMESAN CHICKEN SANDWICH
- CHICKEN PESTO SANDWICH

### PORK SHREDS

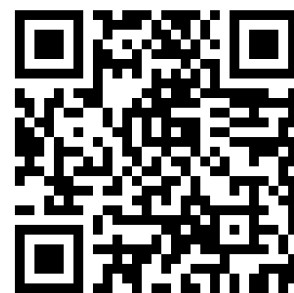
- GREEN CHILI PORK TACO
- CARIBBEAN PORK TACOS
- GREEN CHILI PORK BURRITOS
- BBQ PORK SANDWICH

### BEEF CRUMBLES

- BEEF PAD THAI
- MAMA MIA PASTA BAKE
- SOUTHWEST TACO SOUP
- FRITO CHILI PIE
- LASAGNA
- SPAGHETTI PIZZA
- TACO SALAD
- TACO PIZZA
- STIR FRY BEEF LETTUCE CUPS

### OTHER

- BAJA FISH TACOS
- PHILLY CHEESE SANDWICH
- SOUTHWEST MAC N CHEESE
- SRIRACHA MAC N CHEESE



Scan QR code for link to recipes.