

# Cooking for Kids

## Recipe Sizing Report

000540 - Sriracha Mac n Cheese CACFP :	Components	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
HACCP Process: #2 Same Day Service Number of Portions: 25 Size of Portion: 1 CUP	Meat/Alt: 2 oz Grains: 2 oz Fruit: Vegetable: Milk:				? - Milk ? - Egg ? - Peanut ? - Tree Nut ? - Fish ? - Shellfish ? - Soy ? - Wheat

Ingredients	Measures	Instructions
902988 MACARONI, WHOLE GRAIN, DRY.....	2 lbs + 8 ozs	1. Cook pasta in boiling water for 7-10 minutes. Pasta should be tender but not mushy.
902948 Italian Cheese Sauce Commodity Processed..... 001175 MILK,FLUID,1% FAT,WO/ ADDED VIT A & VIT....	10 1/4 cups 1 1/2 cups	2. In a large pot or tilt skillet, place cheese sauce and milk. Stir until cheese is fully melted and milk is fully incorporated.
002030 PEPPER,BLACK..... 799902 CUMIN,GROUND..... 902956 Sauce, Sriracha.....	1/2 TSP (ground) 1/2 tsp 1 cup	3. Add pasta, seasonings, and sriracha and heat until internal temperature reaches 165° F. Portion into hotel pans, or 12 x 20 inch pan, and hold hot for service.

\*Nutrients are based upon 1 Portion Size (1 CUP)

Calories	335 kcal	Cholesterol	38 mg	Sugars	*2.0* g	Calcium	405.20 mg	35.09%	Calories from Total Fat
Total Fat	13.05 g	Sodium	854 mg	Protein	16.95 g	Iron	1.68 mg	20.36%	Calories from Saturated Fat
Saturated Fat	7.57 g	Carbohydrates	40.76 g	Vitamin A	2171.5 IU	Water <sup>1</sup>	*13.17* g	*0.00%*	Calories from Trans Fat
Trans Fat <sup>2</sup>	*0.00* g	Dietary Fiber	3.76 g	Vitamin C	29.9 mg	Ash <sup>1</sup>	*0.12* g	48.70%	Calories from Carbohydrates
								20.26%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.