

Cooking for Kids

Recipe Sizing Report

000170 - Spicy Asian Chicken Sandwich :	Components	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
HACCP Process: #2 Same Day Service Number of Portions: 50 Size of Portion: 1 Each	Meat/Alt: 2 oz Grains: 2 oz Fruit: Vegetable: Milk:				? - Milk ? - Egg ? - Peanut ? - Tree Nut ? - Fish ? - Shellfish ? - Soy ? - Wheat

Ingredients	Measures	Instructions
051520 Chicken, Diced, Cooked, Frozen..... 001186 CHEESE, CREAM, FAT FREE..... 902937 Ranch Mix..... 011821 PEPPERS, SWT, RED, RAW..... 799908 ONIONS, RED, RAW..... 902956 Sauce, Sriracha.....	7 lbs 2 lbs 3 ozs 1 QT (chopped) 1 QT (chopped) 1 cup	1. In a 4 inch hotel pan, mix together chicken, cream cheese, ranch seasoning, peppers, onions, and sriracha. Cover with foil and bake in a 350° F oven for 30 minutes. 2. Remove from oven and stir. Return to oven and continue to cook for 10 minutes. Ensure that the internal temperature has reached 165° F. Hold hot for service.
902962 Bread, Whole Grain Bun 2oz..... 011251 LETTUCE, COS OR ROMAINE, RAW....	50 Each 1 lb + 8 ozs	

*Nutrients are based upon 1 Portion Size (1 Each)

Calories	236 kcal	Cholesterol	49 mg	Sugars	*3.7* g	Calcium	*131.95* mg	15.28%	Calories from Total Fat
Total Fat	4.01 g	Sodium	520 mg	Protein	20.71 g	Iron	*2.09* mg	0.51%	Calories from Saturated Fat
Saturated Fat	0.13 g	Carbohydrates	29.95 g	Vitamin A	*2588.9* IU	Water ¹	*48.31* g	*0.00%*	Calories from Trans Fat
Trans Fat ²	*0.00* g	Dietary Fiber	3.75 g	Vitamin C	*34.2* mg	Ash ¹	*0.86* g	50.71%	Calories from Carbohydrates
								35.07%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.