

# Honey Lemon Carrots

## Ingredients

- 3/4 cup baby carrots
- 2 tsp unsalted butter
- 2 tsp honey
- 2 tsp lemon juice
- 1 tsp ground ginger

## Directions

1. In a large bowl, mix together carrots, melted butter, honey, lemon juice, and ginger. Mix until carrots are completely coated.
2. Place carrot mixture onto a baking sheet with edges (in a single layer) and roast in an oven at 400° F for 20 minutes.

## Notes

**Number of Portions:** 4

**Serving Size:** 1/4 cup

**Nutrition Facts:** 43 calories, 1.91 g fat, 1.16 g saturated fat, 36 mg sodium, 6.71 g carbohydrate, 1.35 g fiber, 5 g sugar, 0.34 g protein

