000359 - Fiesta Corn CACFP :	Components	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
HACCP Process: #2 Same Day Service	Meat/Alt:				? - Milk
Number of Portions: 25	Grains:				? - Egg
Size of Portion: 1/4 CUP	Fruit:				? - Peanut
	Vegetable: 0.25 cup				? - Tree Nut
	Milk:				? - Fish
					? - Shellfish
					? - Soy
					? - Wheat

Ingredients	Measures	Instructions
050486 CORN, YELLOW, WHOLE KERNEL, COOKED FROM	6 3/8 cups	1. In 4 inch hotel pan or large baking dish, combine all ingredients and stir until fully incorporated.
011943 PIMENTO, CANNED 004696 MARGARINE, REG, 80% FAT, COMP, STK, WO/ SALT,	1 cup 1 1/2 Tbsp	2. Cover with foil and bake in 350° F oven for 20-30 minutes or until
002075 SEASONING MIX,DRY,TACO,ORIGINAL	1/2 tsp	internal temperature reaches 165° F. Hold hot for service.
011333 PEPPERS,SWT,GRN,RAW	1/3 cup + 2 tsp (chopped)	
799902 CUMIN,GROUND	2 1/4 tsp	

*Nutrients are based upon 1 Portion Size (1/4 CUP)

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Calories	43 kcal	Cholesterol	0 mg	Sugars	*0.2* g	Calcium	3.36 mg	21.59% Calories from Total Fat
Total Fat	1.02 g	Sodium	6 mg	Protein	1.20 g	Iron	0.45 mg	3.73% Calories from Saturated Fat
Saturated Fat	0.18 g	Carbohydrates	8.67 g	Vitamin A	306.8 IU	Water ¹	*8.59* g	*0.00%* Calories from Trans Fat
Trans Fat ²	*0.00* g	Dietary Fiber	1.22 g	Vitamin C	9.1 mg	Ash ¹	*0.08* g	81.26% Calories from Carbohydrates
								11.25% Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.