

# Fiesta Corn

## Ingredients

- 1 cup whole kernel yellow corn
- 2 tbsp canned pimento
- 3/4 tsp margarine, 80% fat
- 1/8 tsp taco seasoning mix
- 2-7/8 tsp green bell pepper, chopped
- 3/8 tsp cumin

## Directions

1. In large baking dish, combine all ingredients and stir until fully incorporated.
2. Cover with foil and bake in 350°F oven for 20-30 minutes or until internal temperature reaches 165°F.

## Notes

**Number of Portions:** 4

**Serving Size:** 1/4 cup

**Nutrition Facts:** 43 calories, 1.02 g fat, 0.18 g saturated fat, 6 mg sodium, 8.67 g carbohydrate, 1.22 g fiber, 0.2 g sugar, 1.20 g protein

