

Fat Free Ranch Dip

Ingredients

- 10 tbsp sour cream, fat free
- 1 tbsp ranch mix
- 1-7/8 tsp lime juice

Directions

1. Combine sour cream and Hidden Valley Ranch seasoning until well mixed.
2. Add lemon juice and stir to achieve a creamy consistency.

Notes

Number of Portions: 4

Serving Size: 1/2 oz

Nutrition Facts: 21 calories, 0 g fat, 0 g saturated fat, 46 mg sodium, 4.43 g carbohydrate, 0.02 g fiber, 0.1 g sugar, 0.85 g protein

