

Chicken Teriyaki Drumsticks

Ingredients

- 8 chicken drumsticks with bone & skin
- 1-2/3 cups teriyaki sauce



Directions

1. Lay out chicken legs on 9 x 13 inch tray, and roast in 350° F oven for 25 minutes or until internal temperature reaches 165°F.
2. Remove from oven and brush generously with teriyaki sauce. Return to oven for 5 minutes.

Notes

Number of Portions: 4

Serving Size: 2 each

Nutrition Facts: 314 calories, 7.45 g fat, 1.85 g saturated fat, 2217 mg sodium, 17.95 g carbohydrate, 0.12 g fiber, 16.2 g sugar, 40.55 g protein