

Chicken Bacon Ranch Pizza

Ingredients

- 1/2 cup italian cheese sauce
- 8 tsp milk, nonfat
- 1-1/2 tsp ranch mix
- 1/2 whole wheat pizza crust
- 8-2/3 oz frozen cooked diced chicken
- 2 oz turkey bacon, low sodium
- 1 cup shredded mozzarella cheese, reduced fat



Directions

1. In a large pot on medium heat, combine cheese sauce, milk, and ranch seasoning. Stir until hot and ingredients are fully incorporated.
2. Place cheese sauce on pizza crust and spread.
3. Add chicken, diced bacon, and cheese. Cook in 350°F oven for 12 minutes or until cheese is melted and crust is golden brown and crisp. Cut into 4 slices.

Notes

Number of Portions: 4

Serving Size: 1 piece

Nutrition Facts: 381 calories, 12.84 g fat, 4.95 g saturated fat, 696 mg sodium, 33.22 g carbohydrate, 3 g fiber, 4.9 g sugar, 31.89 g protein