

Choose a Meat & Grain



Low-fat Yogurt



String Cheese



Sunflower or
Nut Butter



Granola

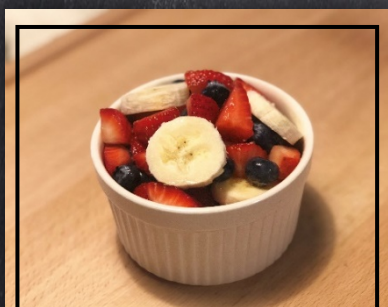


Homemade Biscuit

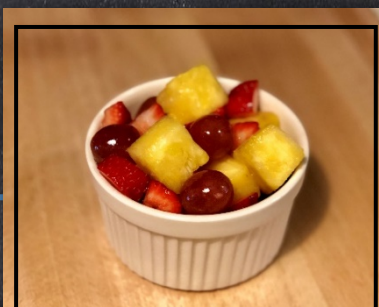


Blueberry Muffin

Choose a Fruit or Vegetable



Red, White, and
Blue Salad



Pineapple Fruit
Salad



Apple Slices