



**COOKING**  
 **for** **KIDS**

**Mise En Place**

*An Introduction to Organization in the Kitchen*



# What is Mise En Place?



- French term: Literally meaning “Everything in its place.”
- Organize and plan your work.
- “Getting your ducks in a row”

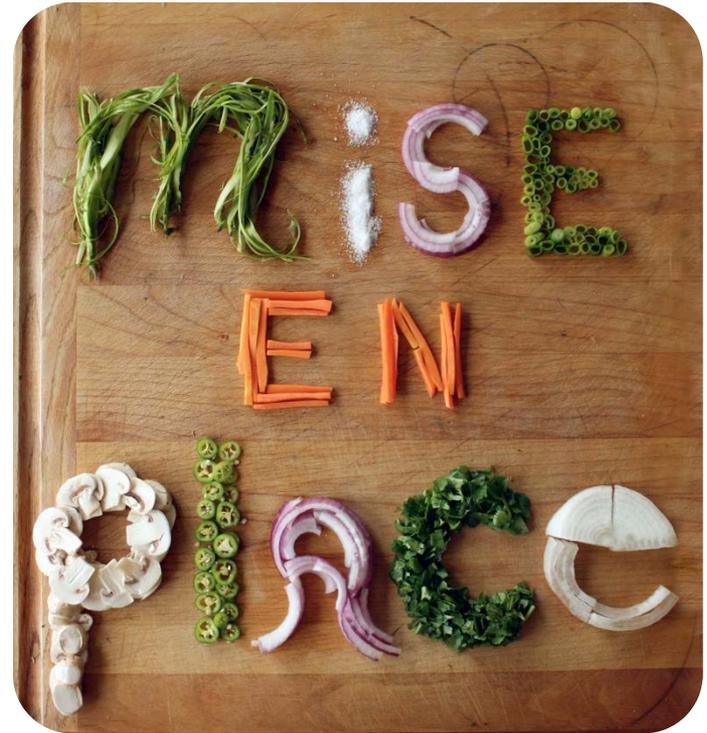
# Mental Mise En Place

- This is where it all begins.
- Thinking through the order of the day.
- Mental Checklists



# The Prep List

- A blueprint for how food production is going to be achieved during the work day.
- An overview of what needs to be done and how long it will take to do it.
- The order in which assignments should be completed.
- How each cook may interact with each other in the kitchen.



# Writing a Prep List

Mise en Place Worksheet

COOKING for KIDS

Recipe Name: \_\_\_\_\_

What ingredients do I need?

What equipment do I need?

What is my timeline?

Do I need any of these ingredients for other recipes?

- A prep list is not just a rewriting of recipes.
  - It's reading through recipes and composing a map of how to accomplish the task necessary to prepare the recipes.
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- The first step in organizing your work is to read and understand the recipes you will be using.
  - Once each item/step is identified and quantified, the next step is to schedule your tasks through prioritization.



# Selecting Tools

- Tools, equipment and work surfaces are clear and sanitized.
- Knives sharpened and honed.
- Measuring devices checked for accuracy.
- Ovens and cooking surfaces preheated as necessary.
- Mixing containers and cooking vessels are correct size for task at hand



# Other Pre-Work

- All equipment including utensils and hand tools are gathered for easy access.
- Food should be gathered but stored at appropriate temperature.
- Expiration dates are checked.
- Temperature logs are checked and valid.
- Sanitizing solution, hand towels, disposable gloves and trash receptacles are conveniently located.
- Written task list is easily accessible and covered in plastic covering if necessary.



# Taking Action

- This is the physical action of Mise En Place
- If you take the time to do the Mental and Written Mise En Place, this step will be much easier and faster than if you do not.
- The idea is to plan the time on the front end, sharpen your skills over-all and have more time for the things that matter.
- The idea is also to increase your ability to prepare from scratch more fresh items in a shorter amount of time.



# Applying This Principle

