Build a Breakfast Power Box

Choose a Meat & Grain

- Low-fat Yogurt
- String Cheese
- Sunflower or Nut Butter
- Granola
- Homemade Biscuit
- Blueberry Muffin

Choose a Fruit or Vegetable

- Red, White, and Blue Salad
- Pineapple Fruit Salad
- Apple Slices

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