



STANDARDIZED RECIPE

Recipe Name: Tacos			
Ingredients	For 100 Servings		Directions
	Weight	Measure	
Chicken taco meat	18 ¾ lb.		<ol style="list-style-type: none"> 1. Thaw taco meat in refrigerator prior to heating. Place bag in boiling water for 45-60 minutes or until internal temperature of 165°F. May also be heated in steamer or oven. 2. Thoroughly wash tomatoes. Dice tomatoes and combine with shredded romaine lettuce.
Romaine lettuce, shredded, fresh	6 ½ lb.		
Tomato, fresh, raw	3 lb.		<ol style="list-style-type: none"> 3. Warm full sleeves of taco shells in a dry heat cabinet for 30 minutes prior to filling. 4. Build on line: 1 taco shell, 1.5 oz. taco filling, ¼ c. lettuce and tomato mixture. Sprinkle with 2 T. of cheese
Cheese, mild cheddar, Shredded	3 ¼ lb.		
Taco shells, 5"		200 ea.	

Serving Size for Grades: K-8 is: _____ (unit: cup, fl oz, each) Serving Utensil: _____

Serving Size for Grades: 9-12 is: _____ (unit: cup, fl oz, each) Serving Utensil: _____

Meal Pattern Contributions

2 oz. meat/alt. and ¾ oz. grain