

Recipe Name: Side Garden Salad

Ingredients	For 50 Servings		Directions
	Weight	Measure	
Romaine Lettuce, wide chiffonade	2 lbs.		1. Mix lettuces in a large bowl. In a small serving container, placed ½ c. lettuce mix.
Red Leaf Lettuce, wide chiffonade	2 lbs.		
Carrots, shredded	1 lb.		2. On top of lettuce, add 2 tablespoon diced cucumber, 1 tablespoon shredded carrot and 4 grape tomatoes.
Cucumbers, diced	2¾ lbs.		
Grape Tomatoes	1½ lbs.		

Serving Size for Grades: K-8 is: ¾ c. (unit: cup, fl oz, each) Serving Utensil: Measuring cups, tablespoon

Serving Size for Grades: 9-12 is: ¾ c. (unit: cup, fl oz, each) Serving Utensil:

Total Yield for 50 (# servings recipe makes) is: 9.25 (number) Lbs. (unit: lbs, gal, OR # pans and # servings/pan)

Meal Pattern Contributions

¼ c. green veg, 1/8 c. red/orange veg, 1/8 c. other