COOKING for KIDS

STANDARDIZED RECIPE

Recipe Name: Parmesan Crusted Zucchini

Ingredients	For 50 Servings		Directions
	Weight	Measure	
Squash zucchini, raw	8 lb.		1. Thoroughly wash zucchini. Cover baking sheet with parchment paper and spray with pan spray. 2. Turn convection oven to 350˚F. 3. Cut zucchini into ¼" slices. Place in large bowl containing the seasoned oil and coat all pieces well. 4. Place on baking sheet and sprinkle with parmesan cheese. 5. Bake in convection oven at 350˚F for approx. 30-45 minutes. Cover with a tent of foil if necessary to keep from burning the cheese if additional cooking time is needed. 6. Transfer to line pan to serve.
Seasoned oil, garlic herb		3 serving	
Parmesan cheese, grated		3 1/8 c.	

Serving Size for Grades: K-8 is:_____ (unit: cup, fl oz, each) Serving Utensil: _____

Serving Size for Grades: 9-12 is:_____ (unit: cup, fl oz, each) Serving Utensil: _____

Meal Pattern Contributions

½ c. vegetable

Courtesy of Oklahoma City Public Schools