



STANDARDIZED RECIPE

Recipe Name: Italian Seasoned Cauliflower			
Ingredients	For 50 Servings		Directions
	Weight	Measure	
Cauliflower, frozen	11 lb.		1. Divide cauliflower into steamtable pans and cook in steamer until tender. If steamer not available, may also be heated in oven or on stove dipped in boiling water.
Italian blend seasoning		2 T.	2. Prepare Italian seasoning blend recipe. 3. Sprinkle cauliflower with seasoning mixture to taste.

Serving Size for Grades: K-8 is: _____ (unit: cup, fl oz, each) Serving Utensil: _____

Serving Size for Grades: 9-12 is: _____ (unit: cup, fl oz, each) Serving Utensil: _____

Meal Pattern Contributions

 ½ c. vegetable