

Recipe Name: Hummus			
Ingredients	For 50 Servings		Directions
	Weight	Measure	
Garbanzo beans or chickpeas, drained		5 qt. 1 c. (2 #10 cans)	1. Combine all ingredients in a food processor and puree to a smooth consistency
Frozen lemon juice concentrate, reconstituted		3¼ c.	
Peanut butter or Tahini or Sunflower seed butter		2½ c.	
Garlic cloves, peeled		1 c. 1 T.	
Water		3¼ c.	
Ground black pepper		1 T.	
			3. CCP: Chill to 41°F or lower within 4 hours. Cover. Refrigerate until services
			4. Portion with No. 8 scoop (½ c.).

Serving Size for Grades: K-8 is: ¼ c. (unit: cup, fl oz, each) Serving Utensil: _____

Serving Size for Grades: 9-12 is: ¼ c. (unit: cup, fl oz, each) Serving Utensil: _____

Total Yield for 50 (# servings recipe makes) is: _____ (number) _____ (unit: lbs, gal, OR # pans and # servings/pan)