COOKING for KIDS

STANDARDIZED RECIPE

Recipe Name: Brown Steamed Rice			
Ingredients	For 50 Servings		Directions
	Weight	Measure	
Brown Rice	5.8 lbs. (for 50 ½ c. servings)		1. Using a 2" hotel pan, place rice and water in pan.
Water		1 gal + 1¼ c.	
			2. Cook in steamer for approximately 40 minutes, or until rice is soft.
			3. Serve hot or cool according to HACCP SOP. If cooling, cool rice on sheet pans and store, covered, in the walk-in until ready to use in recipes.

Serving Size for Grades: K-8 is: ¾ c. (unit: cup, fl oz, each) Serving Utensil: _____

Serving Size for Grades: 9-12 is: 1 c. (unit: cup, fl oz, each) Serving Utensil: _____

Meal Pattern Contributions

Equals 3/4 c vegetable and ¼ c meat