



STANDARDIZED RECIPE

<b>Recipe Name: Broccoli Parmesan</b>			
<b>Ingredients</b>	<b>For 50 Servings</b>		<b>Directions</b>
	<b>Weight</b>	<b>Measure</b>	
<b>Broccoli, florets frozen</b>	<b>10.5 lbs.</b>		<b>1. Steam broccoli until crisp tender.</b> <b>2. Melt margarine. Toss broccoli in margarine until well coated. Season with pepper</b>
<b>Margarine, solid</b>		<b>½ c.</b>	
<b>Pepper, black ground</b>		<b>1 T.</b>	
<b>Cheese, parmesan grated</b>		<b>½ c.</b>	<b>3. Sprinkle LIGHTLY with parmesan cheese.</b>

Serving Size for Grades:   K-8   is: \_\_\_\_\_ (unit: cup, fl oz, each)    Serving Utensil: \_\_\_\_\_

Serving Size for Grades:   9-12   is: \_\_\_\_\_ (unit: cup, fl oz, each)    Serving Utensil: \_\_\_\_\_

Meal Pattern Contributions

½ c. vegetable
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